

# Volunteering with **MOCOSA**

## About MOCOSA (The Metropolitan Organization Countering Sexual Assault):

MOCOSA exists to improve the lives of those impacted by sexual abuse and assault and to prevent sexual violence in our community. Without support and help, we know the trauma of sexual violence can stay with survivors for a lifetime. So MOCOSA is doing everything we can to prevent these crimes from happening in the first place, and offering support, healing, and hope when they do occur. That's where Volunteers come in – we need Hospital Advocates, Crisis Line Volunteers and Educators to join our mission to help everyone in our community who has been impacted by sexual violence.

## MOCOSA's Impact in the Community in 2023 = Why We Need Your Help

<b>777</b>	<b>4,854</b>	<b>11,091</b>	<b>19,612</b>	<b>79,920</b>
Number of Hospital Activations	Crisis Line Calls Received	Counseling Sessions	Students taught by Project Aware	Total People Served by MOCOSA!

## Volunteer Requirements:

- 30-minute Interview
- 40-Hour Training Program (offered quarterly)
- Annual Criminal Background Check
- 5-Year Fingerprint Registry
- Program Contract and Media Waiver
- Must be 18+ years old
- Must have own transportation and a phone
- Must be sensitive to issues of sexual assault and abuse and have effective communication and listening skills
- Must commit to Volunteering for a minimum of 1 year

**Volunteers  
make  
MOCOSA.**

## Hospital Advocacy Volunteers:

Hospital Advocates support survivors during their sexual assault forensic exams. Volunteers provide emotional support, crisis intervention and problem solving to assist survivors in the first step of healing. Volunteers work with care teams including hospital staff, Sexual Assault Nurse Examiners and Law Enforcement to make sure survivors know their rights and choices, including getting signed up for MOCSA Counseling and Advocacy services. This is MOCSA's most critical volunteer position, and volunteers make a lasting impact on the survivors they help. No previous experience is required – we will teach you all you need to know.

Location: Volunteer work on-call from their homes and respond out to hospitals in both KS and MO. Volunteers can choose to work in one state or as a metro floater, providing support in a variety of hospital locations throughout our community.

Time Commitment: Minimum 2 shifts per month. Volunteers set their own schedule. We are a 24-hour agency and have opportunities during the daytime, evenings, weekends and overnight. This is a flexible position.



## Crisis Line Volunteers:

Crisis Line Volunteers provide emotional support, crisis intervention, resources, and referrals to survivors of sexual violence through our 24-hour crisis line. This is not a call center position - Crisis Line Volunteers work from the comfort of their own home and are provided with a cell phone and staff support, and a \$50 stipend for every shift they cover. Crisis Line Volunteers complete an additional 3-hour training and shadowing shifts until they feel comfortable.

Time Commitment: Crisis line volunteers are expected to provide coverage for two shifts per month, preferably one weekday shift and one weekend shift. Shift options are as follows:

- (A) Friday 5:00pm – Sunday 8:30am
- (B) Sunday 8:30am – Tuesday 8:30am (excluding weekday hours 8:30am-5:00pm)
- (C) Tuesday 5:00pm – Friday 8:30am (excluding weekday hours 8:30am-5:00pm)
- Crisis Line Volunteers are also asked to sign up for one 24-hour holiday shift per year.



## Project Aware Volunteers:

Project Aware Volunteers help promote awareness and prevention of sexual violence in schools through our Project Aware K-4th grade curriculum. Project Aware Volunteers teach students about body safety, safe/unsafe touches, and how to identify safe adults. Project Aware Volunteers attend an additional 2-hour training session and shadow as necessary until they feel comfortable presenting on their own. This is the perfect position for anyone who loves kids, is comfortable with public speaking and has daytime availability. Previous education experience is a plus, but not required.

### Time Commitment:

- Volunteers provide 2 half days or 1 full day of service per month. We send out presentation days at the beginning of the month and Volunteers can choose which days to sign up for.
- A typical day of Project Aware involves five 30-minute presentations between the hours of 8 am and 4 pm. Every presenter is guaranteed at least 30 minutes for lunch.



## Other Opportunities:

**Community Outreach:** Promote awareness and prevention of sexual violence in the community by tabling at events, facilitating presentations, and participating in outreach activities in the community. Volunteers are requested on an as-needed basis, and there is no minimum hour requirement for this position. As opportunities are not always available, this is typically an add-on position to other roles.

**Speakers Bureau:** The Speaker's Bureau consists of survivors of sexual violence who are comfortable with public speaking and are willing to share their stories with various audiences. Members have opportunities to represent MOCSA and provide awareness and education to the Kansas City community. Speakers work with MOCSA staff to shape their story and must be comfortable answering questions following presentations. Volunteers who wish to only be apart of Speaker's Bureau and no other positions only need to complete an interview and a background check.

**Apply Online:**  
[mocsa.org/volunteer](https://mocsa.org/volunteer)

**Contact Us:** Sara Cooper, Volunteer Coordinator  
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